



## Price List

**Gift Certificates are available for all our services**

**Treat the one you love!**



## Price List

*Acupuncture, Naturopathic Medicine, Osteopathy and Chiropractic are exempt from HST, for all other services add 13% HST*

<b>Acupuncture and Cupping:</b>	Initial Consultation (90min)	\$130
<i>Emily Dunn</i>	Acupuncture Follow up (60min)	\$75
	Combined Acu/Cupping (75min)	\$110
	Initial Cupping (75min)	\$130
	60min Cupping Follow up	\$115
	30min Cupping Follow up	\$65
	Facial rejuvenation Initial (90min)	\$150
	Facial rejuvenation Follow up (75min)	\$130

*Acupuncture is also provided under Naturopathic Medicine and with our Chiropractor*

<b>Acupressure and Tai Chi Therapy</b>	Initial (60min)	\$110
<i>Dr. Yu Ming Ye</i>	45min Follow up	\$90

<b>Allergy Therapy</b>	Initial 60min Consultation	\$125
<i>Sue Taylor</i>	Follow up treatment (15-30min)	\$55

<b>Chiropractic</b>	Initial visit - Adult (60min)	\$97
<i>Dr. Stacia Kelly</i>	Initial visit - Senior/Student (60min)	\$75
	Adjustment - Adult	\$47
	Adjustment - Student/Senior	\$35
	Adjustment - Child 11-18yrs	\$25
	Adjustment - Child 0 -10yrs	\$18

Double Chiropractic sessions (Include acupuncture)

Double session - Adult (30min)	\$65
Double session - Senior/Student (30min)	\$50

### Counselling and Psychotherapy

<i>Sofia Lopoukhine</i>	60 min Session	\$92.92
-------------------------	----------------	---------

*(Sliding scale applies)*

**Cranial Osteopathy – See osteopathy**

<b>Craniosacral Therapy (RMT)</b>	90 min CranioSacral	\$130
<i>Pamela Semple</i>	75 min CranioSacral	\$110
<i>Erica Sainsbury</i>	60 min CranioSacral	\$90
<i>Jessica Robillard</i>	45 min CranioSacral	\$75
	30 min CranioSacral	\$55

**Emotional Blueprint/Intuitive Reflexology**

<i>Deborra Cameron</i>	60 min Session	\$100
------------------------	----------------	-------

**Energy Healing**

<i>Abrah Arneson</i>	90 min Session ( <i>Abrah</i> )	\$130
<i>Sue Taylor</i>	60 min Session	\$100
<i>Robbie Robertson RMT</i>	45 min Session	\$85

**Functional Medicine**

	Initial consultation 60min	\$200*
<i>Dominick Hussey</i>	<i>*Initial fee includes 30min reviewing intake questionnaire prior to your visit)</i>	
	60 min Follow up	\$160
	45 min Follow up	\$120
	30 min Follow up	\$80

**Herbalism**

	Initial Consult (90min)	\$150
<i>Abrah Arneson</i>	2hr Follow up	\$150
	90min follow up	\$120
	60min follow up	\$90
	45min follow up	\$70
	30min follow up	\$50
	15 min follow up	\$35

**Hormone Gland Balancing**

<i>Deborra Cameron</i>	60min Session	\$100
------------------------	---------------	-------

**Massage Services**

	120 min Massage	\$170
<i>Dragan Lazetic (RMT)</i>	105 min Massage	\$150
<i>Erica Sainsbury (RMT)</i>	90 min Massage	\$130
<i>Jessica Robillard (RMT)</i>	75 min Massage	\$110
<i>Pamela Semple (RMT)</i>	60 min Massage	\$90
<i>Robert Robertson (RMT)</i>	45 min Massage	\$75
	30 min Massage	\$55

<b>Individual Meditation</b>	60 min Session	\$75
<i>Abrah Arneson</i>		
<b>Naturopathic Medicine</b>	Initial Visit – Adult (60min)	\$165
<i>Dr. Eric Viegas</i>		
	Initial Visit – Child 0-12yrs (45min)	\$110
	Initial Visit – Student (60min)	\$120
	15 min Follow Up	\$45
	30 min Follow Up	\$80
	30 min Follow Up – Student	\$60
	45 min Follow Up	\$110
	45 min Follow Up – Student	\$90
	60 min Follow Up	\$135
	Acupuncture (45min)	\$65
<b>Nutrition</b>	Initial Nutrition Assessment (90min)	\$150
<i>Emily Stott (RHN)</i>		
	60 min Follow up	\$90
	30 min Follow up	\$60
	Live Blood Cell Analysis (60min)	\$175

### **Important - Osteopathy and Insurance Providers**

*Please be sure to check with your provider that they will cover the **association** that your osteopath is registered with, these are listed below along with the names of our osteopaths. It is **your responsibility** to check as we cannot be expected to know the details of your plan.*

<b>Osteopathy &amp; Cranial Osteopathy</b>	60 min Initial or Follow up	\$130
<i>Robin Breger (OAO)</i>		
	45 min Follow up	\$105
<i>Florian Deverriere (SOCATO)</i>		
	30 min Follow up	\$70
	60 min Follow up (child / senior / student)	\$105
	45 min Follow up (child / senior / student)	\$70
<i>Arianne Gosselin</i>		
	40 min Initial or Follow up	\$50
	25 min Follow up	\$40
<b>Functional Osteopathy</b>	Initial (60min)	\$160
<i>Dominick Hussey (OAO)</i>		
	60 min Follow up	\$160
	45 min Follow up	\$120
	30 min Follow up	\$80
	15 min Follow up	\$40

<b>Pranic Energy Healing</b>	60 min Session	\$100
<i>Robbie Robertson RMT</i>		
<b>Qi Gong Private sessions</b>	60 min Session ( <i>Deborra Cameron</i> )	\$100
<b>Reflexology</b>	75min Session	\$110
<i>Dragan Lazetic (RMT)</i>		
	60 min Session	\$90
	45 min Session	\$75
	60min Session ( <i>Deborra Cameron</i> )	\$100
<b>Reiki and Chakra Balancing</b>	90 min Session	\$130
<i>Abrah Arneson</i>		
	60 min Session	\$100
<i>Sue Taylor</i>		
	45 min Session	\$85
<b>Reiki Master Training: With Abrah Arneson</b>		
<i>Contact us for dates and prices, or see the Events page on our website</i>		
<b>Shamanic and Tantric Healing</b>	60 min session	\$110
<i>Roger</i>		
<b>Clinical Somatic Therapy</b>	60 min session	\$90
<i>Richard Hudspith</i>		
<b>Tui Na Chinese Acupressure Massage</b>		
<i>Emily Dunn</i>		
	Initial Tui Na (75min)	\$130
	60min Tui Na Follow up	\$115
	30min Tui Na Follow up	\$65

***Cancellation Policy:***

*We ask that, where possible, you provide 48hrs notice if you need to cancel or reschedule your appointment.*

*Any appointment missed or cancelled with less than 48hrs notice may be charged at full rate.*

*In the case of a free Discovery session this may be charged at the regular rate for the practitioner's time.*

*Please respect our time and the needs of our other clients.*