HOLISTIC WELLNESS OTTAWA

Sofia Lopoukhine

Price List

Gift Certificates are available for all our services Treat the one you love!



Price List

Acupuncture, Naturopathic Medicine, Osteopathy and Chiropractic are exempt from HST, for all other services add 13% HST

| Acupuncture and Cupping: | Initial Consultation (90min) | \$130 |
|--------------------------------------|--|-------|
| Emily Dunn | Acupuncture Follow up (60min) | \$75 |
| | Combined Acu/Cupping (75min) | \$110 |
| | Initial Cupping (75min) | \$130 |
| | 60min Cupping Follow up | \$115 |
| | 30min Cupping Follow up | \$65 |
| | Facial rejuvenation Initial (90min) | \$150 |
| | Facial rejuvenation Follow up (75min) | \$130 |
| Acupuncture is also provided under | Naturopathic Medicine and with our Chiropr | actor |
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| Acupressure and Tai Chi Therapy | Initial (60min) | \$110 |
| Dr. Yu Ming Ye | 45min Follow up | \$90 |
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| Allergy Therapy | Initial 60min Consultation | \$125 |
| Sue Taylor | Follow up treatment (15-30min) | \$55 |
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| Chiropractic | Initial visit - Adult (60min) | \$97 |
| Dr. Stacia Kelly | Initial visit - Senior/Student (60min) | \$75 |
| | Adjustment - Adult | \$47 |
| | Adjustment - Student/Senior | \$35 |
| | Adjustment - Child 11-18yrs | \$25 |
| | Adjustment - Child 0 -10yrs | \$18 |
| Double Chiropractic sessions (Includ | de acupuncture) | |
| | Double session - Adult (30min) | \$65 |
| | Double session - Senior/Student (30min) | \$50 |
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| Counselling and Psychotherapy | | |
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60 min Session

\$92.92

(Sliding scale applies)

Cranial Osteopathy – See osteopathy

| Craniosacral Therapy (RMT) | 90 min CranioSacral | \$130 |
|----------------------------------|---|--------|
| Pamela Semple | 75 min CranioSacral | \$110 |
| Erica Sainsbury | 60 min CranioSacral | \$90 |
| Jessica Robillard | 45 min CranioSacral | \$75 |
| | 30 min CranioSacral | \$55 |
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| Emotional Blueprint/Intuitive Re | flexology | |
| Deborra Cameron | 60 min Session | \$100 |
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| Energy Healing | | |
| Abrah Arneson | 90 min Session (Abrah) | \$130 |
| Sue Taylor | 60 min Session | \$100 |
| Robbie Robertson RMT | 45 min Session | \$85 |
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| Functional Medicine | Initial consultation 60min | \$200* |
| Dominick Hussey | *Initial fee includes 30min reviewing intake questionnaire prior to your visit, | |
| | 60 min Follow up | \$160 |
| | 45 min Follow up | \$120 |
| | 30 min Follow up | \$80 |
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| Herbalism | Initial Consult (90min) | \$150 |
| Abrah Arneson | 2hr Follow up | \$150 |
| | 90min follow up | \$120 |
| | 60min follow up | \$90 |
| | 45min follow up | \$70 |
| | 30min follow up | \$50 |
| | 15 min follow up | \$35 |
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| Hormone Gland Balancing | 60min Session | \$100 |
| Deborra Cameron | | |
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| Massage Services | 120 min Massage | \$170 |
| Dragan Lazetic (RMT) | 105 min Massage | \$150 |
| Erica Sainsbury (RMT) | 90 min Massage | \$130 |
| Jessica Robillard (RMT) | 75 min Massage | \$110 |
| Pamela Semple (RMT) | 60 min Massage | \$90 |
| Robert Robertson (RMT) | 45 min Massage | \$75 |
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30 min Massage

\$55

| Individual Meditation | 60 min Session | \$75 |
|------------------------------|---------------------------------------|-------|
| Abrah Arneson | | |
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| Naturopathic Medicine | Initial Visit – Adult (60min) | \$165 |
| Dr. Eric Viegas | Initial Visit – Child 0-12yrs (45min) | \$110 |
| | Initial Visit – Student (60min) | \$120 |
| | 15 min Follow Up | \$45 |
| | 30 min Follow Up | \$80 |
| | 30 min Follow Up – Student | \$60 |
| | 45 min Follow Up | \$110 |
| | 45 min Follow Up – Student | \$90 |
| | 60 min Follow Up | \$135 |
| | Acupuncture (45min) | \$65 |
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| Nutrition | Initial Nutrition Assessment (90min) | \$150 |
| Emily Stott (RHN) | 60 min Follow up | \$90 |
| | 30 min Follow up | \$60 |
| | Live Blood Cell Analysis (60min) | \$175 |

Important - Osteopathy and Insurance Providers

Please be sure to check with your provider that they will cover the <u>association</u> that your osteopath is registered with, these are listed below along with the names of our osteopaths. It is <u>your responsibility</u> to check as we cannot be expected to know the details of your plan.

| Osteopathy & Cranial Osteopathy | 60 min Initial or Follow up | \$130 |
|-----------------------------------|---|-------|
| Robin Breger (OAO) | 45 min Follow up | \$105 |
| Florian Deverriere (SOCATO) | 30 min Follow up | \$70 |
| | 60 min Follow up (child / senior / student) | \$105 |
| | 45 min Follow up (child / senior / student) | \$70 |
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| Functional Osteopathy | Initial (60min) | \$160 |
| Dominick Hussey (OAO) | 60 min Follow up | \$160 |
| | 45 min Follow up | \$120 |
| | 30 min Follow up | \$80 |
| | 15 min Follow up | \$40 |
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| Rehabilitative Manual Therapy | 40 min Initial | \$50 |
| Arianne Gosselin M.OMSc (candidat | e) 25 min Follow up | \$40 |
| (Osteopathic final year student) | | |

| Pranic Energy Healing | 60 min Session | \$100 | |
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| Robbie Robertson RMT | | | |
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| Qi Gong Private sessions | 60 min Session (<i>Deborra Cameron</i>) | \$100 | |
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| Reflexology | 75min Session | \$110 | |
| Dragan Lazetic (RMT) | 60 min Session | \$90 | |
| | 45 min Session | \$75 | |
| | 60min Session (Deborra Cameron) | \$100 | |
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| Reiki and Chakra Balancing | 90 min Session | \$130 | |
| Abrah Arneson | 60 min Session | \$100 | |
| Sue Taylor | 45 min Session | \$85 | |
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| Reiki Master Training: With Abrah A | rneson | | |
| Contact us for dates and prices, or se | ee the Events page on our website | | |
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| Shamanic and Tantric Healing | 60 min session | \$110 | |
| Roger | | | |
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| Clinical Somatic Therapy | 60 min session | \$90 | |
| Richard Hudspith | | | |
| | | | |
| Tui Na Chinese Acupressure Massage | | | |
| Emily Dunn | Initial Tui Na (75min) | \$130 | |
| | 60min Tui Na Follow up | \$115 | |
| | 30min Tui Na Follow up | \$65 | |