



Price List and Insurance information

Gift Certificates are available for all our services

Treat the one you love!



Price List

Acupuncture, Naturopathic Medicine, Osteopathy and Chiropractic are exempt from HST, for all other services add 13% HST

Acupuncture and Cupping:	Initial Consultation (90min)	\$130
<i>Emily Dunn</i>	Acupuncture Follow up (60min)	\$75
	Combined Acu/Cupping (75min)	\$110
	Initial Cupping (75min)	\$130
	60min Cupping Follow up	\$115
	30min Cupping Follow up	\$65
	Facial rejuvenation Initial (90min)	\$150
	Facial rejuvenation Follow up (75min)	\$130

Acupuncture is also provided under Naturopathic Medicine and with our Chiropractor

Allergy Therapy	Initial 60min Consultation	\$125
<i>Sue Taylor</i>	Follow up treatment (15-30min)	\$55

Chiropractic	Initial visit - Adult (60min)	\$97
<i>Dr. Stacia Kelly</i>	Initial visit - Senior/Student (60min)	\$75
	Adjustment - Adult	\$47
	Adjustment - Student/Senior	\$35
	Adjustment - Child 11-18yrs	\$25
	Adjustment - Child 0 -10yrs	\$18

Double Chiropractic sessions (Include acupuncture)

	Double session - Adult	\$65
	Double session - Senior/Student	\$50

Counselling and Psychotherapy

<i>Sofia Lopoukhine</i>	60 min Session	\$84.07
		<i>(Sliding scale applies)</i>
<i>Lorena Ibacache</i>	60min Session	\$120
<i>(Insurance receipts provided)</i>		<i>(Sliding scale applies)</i>

Cranial Osteopathy – See osteopathy

Craniosacral Therapy (RMT)	90 min CranioSacral	\$130
<i>Pamela Semple</i>	75 min CranioSacral	\$110
<i>Erica Sainsbury</i>	60 min CranioSacral	\$90
<i>Jessica Robillard</i>	45 min CranioSacral	\$75
	30 min CranioSacral	\$55

Emotional Blueprint/Intuitive Reflexology

<i>Deborra Cameron</i>	60 min Session	\$100
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Energy Healing	90 min Session	\$130
<i>Abrah Arneson</i>	60 min Session	\$100
<i>Sue Taylor</i>	45 min Session	\$85

Functional Medicine	Initial (60min)	\$200
<i>Dominick Hussey</i>	60 min Follow up	\$160
	45 min Follow up	\$120
	30 min Follow up	\$80

Herbalism	Initial 90min consult	\$150
<i>Abrah Arneson</i>	2hr Follow up	\$150
	90min follow up	\$120
	60min follow up	\$90
	45min follow up	\$70
	30min follow up	\$50
	15 min follow up	\$35

Massage Services	120 min Massage	\$170
<i>Dragan Lazetic (RMT)</i>	105 min Massage	\$150
<i>Erica Sainsbury (RMT)</i>	90 min Massage	\$130
<i>Jessica Robillard (RMT)</i>	75 min Massage	\$110
<i>Pamela Semple (RMT)</i>	60 min Massage	\$90
	45 min Massage	\$75
	30 min Massage	\$55

Individual Meditation	60 min Session	\$75
<i>Abrah Arneson</i>		

Naturopathic Medicine	Initial Visit – Adult (60min)	\$165
<i>Dr. Eric Viegas</i>	Initial Visit – Child 0-12yrs (45min)	\$110
<i>Dr. Laura Batson</i>	Initial Visit – Student (60min)	\$120
	15 min Follow Up	\$45
	30 min Follow Up	\$80
	30 min Follow Up – Student	\$60
	45 min Follow Up	\$110
	45 min Follow Up – Student	\$90
	60 min Follow Up	\$135
	Acupuncture (45min)	\$65
Nutrition	Initial Assessment	\$150
<i>Emily Stott (RHN)</i>	60 min Follow up	\$90
	30 min Follow up	\$60

Important - Osteopathy and Insurance Providers

*Please be sure to check with your provider that they will cover the **association** that your osteopath is registered with, these are detailed along with the names of our osteopaths. It is **your responsibility** to check as we cannot be expected to know the details of your plan.*

Osteopathy & Cranial Osteopathy	60 min Initial or Follow up	\$130
<i>Robin Breger (OAO)</i>	45 min Follow up	\$105
<i>Florian Deverriere (SOCATO)</i>	30 min Follow up	\$70
<i>Carl Teychene-Coutet (SOCATO)</i>		

Functional Osteopathy	Initial (60min)	\$160
<i>Dominick Hussey (OAO)</i>	60 min Follow up	\$160
	45 min Follow up	\$120
	30 min Follow up	\$80
	15 min Follow up	\$40

Reflexology

<i>Dragan Lazetic (RMT)</i>	75min Session	\$110
	60 min Session	\$90
	45 min Session	\$75

Reiki and Chakra Balancing	90 min Session	\$130
<i>Abrah Arneson</i>	60 min Session	\$100
<i>Sue Taylor</i>	45 min Session	\$85

Reiki Master Training: *with Abrah Arneson*

Contact us for dates and prices, or click [**HERE**](#) to see the Events page on our website

Shamanic and Tantric Healing	60 min session	\$110
<i>Roger</i>		

Clinical Somatic Therapy	60 min session	\$90
<i>Richard Hudspith</i>		

Tui Na Chinese Acupressure Massage

<i>Emily Dunn</i>	Initial Tui Na (75min)	\$130
	60min Tui Na Follow up	\$115
	30min Tui Na Follow up	\$65

Prices correct October 2018